



**mindset**

High School Weekly Schedule  
24 February - 02 March 2025



**DStv**

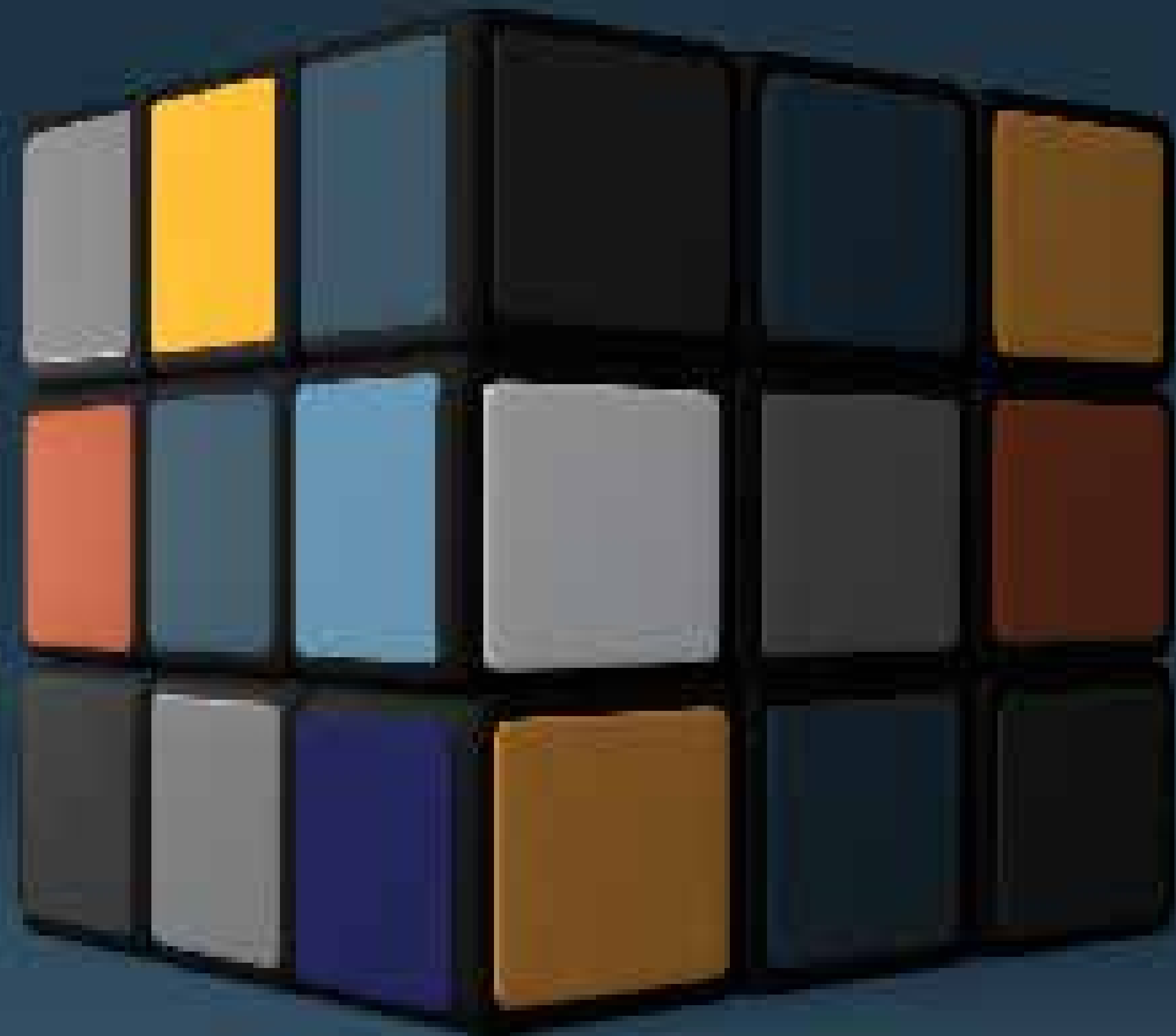
Channel 319



Channel 134

TIME		FEBRUARY MONDAY 24 <sup>TH</sup>	TUESDAY 25 <sup>TH</sup>	WEDNESDAY 26 <sup>TH</sup>	THURSDAY 27 <sup>TH</sup>	FRIDAY 28 <sup>TH</sup>	MARCH SATURDAY 01 <sup>ST</sup>	SUNDAY 02 <sup>ND</sup>
00:00		<b>MATHEMATICS</b> FACTORING POLYNOMIALS	<b>PHYSICAL SCIENCES</b> ENERGY AND CHEMICAL CHANGE. THE RATE AND EXTENT OF CHEMICAL REACTIONS	<b>LIFE SCIENCES</b> DNA. THE CODE OF LIFE	<b>ACCOUNTING</b> COMPANY CONCEPTS AND SHAREHOLDER EQUITY NOTES	<b>ENGLISH:</b> LISTENING AND SPEAKING. LISTENING COMPREHENSIONS, UNPREPARED SPEECH; PREPARED SPEECH: RESEARCH AND PREPARATION	<b>MATHEMATICAL LITERACY</b> PATTERNS AND GRAPHS PART 4, PART 5 AND PART 6	<b>GEOGRAPHY</b> SYNOPTIC CHARTS AND GLOBAL AIR CIRCULATION
01:00		<b>MATHEMATICS</b> 2D AND 3D TRIGONOMETRY	<b>PHYSICAL SCIENCES</b> PHYSICAL AND CHEMICAL PROPERTIES OF ORGANIC COMPOUNDS AND POLYMERISATION	<b>LIFE SCIENCES</b> RNA AND PROTEIN SYNTHESIS	<b>ACCOUNTING</b> FINANCIAL STATEMENTS AND NOTES: INCOME STATEMENT	<b>ENGLISH</b> READING AND VIEWING. INTENSIVE READING. COMPREHENSION	<b>MATHEMATICAL LITERACY</b> PATTERNS AND GRAPHS PART 7; TILL SLIPS; ACCOUNT STATEMENTS	<b>GEOGRAPHY</b> MID-LATITUDE CYCLONES
02:00		<b>MATHEMATICS</b> TRIGONOMETRY. COMPOUND ANGLES	<b>PHYSICAL SCIENCES</b> MOMENTUM AND IMPULSE	<b>LIFE SCIENCES</b> MEIOSIS	<b>ACCOUNTING</b> FINANCIAL STATEMENTS AND NOTES: CASH FLOW STATEMENT	<b>ENGLISH</b> WRITING AND PRESENTING: PROCESS WRITING (PLANNING)	<b>MATHEMATICAL LITERACY</b> MUNICIPAL BILLS; CELL PHONE BILLS; BUDGETS AND TRAVEL BUDGETS	<b>GEOGRAPHY</b> TROPICAL CYCLONES
03:00		<b>MATHEMATICS</b> FINANCE	<b>PHYSICAL SCIENCES</b> VERTICAL PROJECTILE MOTION IN 1D	<b>LIFE SCIENCES</b> REPRODUCTIVE STRATEGIES	<b>ACCOUNTING</b> ANALYSIS AND INTERPRETATION OF FINANCIAL STATEMENTS	<b>ENGLISH:</b> WRITING AND PRESENTING. ESSAY WRITING. ARGUMENTATIVE, DISCURSIVE, EXPOSITORY, OPINIONATIVE, PERSUASIVE	<b>MATHEMATICAL LITERACY</b> FAMILY BUDGETS; BANK STATEMENTS; BANKING FEES	<b>GEOGRAPHY</b> FACTORS INFLUENCING SOUTH AFRICA'S CLIMATE AND ANTI CYCLONES
04:00		<b>MATHEMATICS</b> FUNCTIONS AND INVERSES	<b>PHYSICAL SCIENCES</b> ORGANIC CHEMISTRY. CHEMISTRY OF CARBON COMPOUNDS	<b>LIFE SCIENCES</b> HUMAN REPRODUCTION	<b>ACCOUNTING</b> FIXED ASSETS	<b>ENGLISH:</b> WRITING AND PRESENTING. LONGER AND SHORTER TRANSACTIONAL TEXTS. FRIENDLY LETTER BUSINESS LETTER EMAILS (FRIENDLY AND BUSINESS), LETTERS OF COMPLAINT	<b>MATHEMATICAL LITERACY</b> TIMETABLES PART 1 AND PART 2; NUMBER SCALE	<b>GEOGRAPHY</b> LOCAL CLIMATE
05:00		<b>MATHEMATICS</b> FUNCTIONS	<b>PHYSICAL SCIENCES</b> HYDROCARBON DERIVATIVES AND ESTERIFICATION	<b>LIFE SCIENCES</b> HORMONAL CONTROL OF REPRODUCTION	<b>ACCOUNTING</b> INTERNAL CONTROL	<b>ENGLISH:</b> READING AND VIEWING. INTENSIVE READING, MULTIMODAL AND VISUAL TEXTS. CARTOONS	<b>MATHEMATICAL LITERACY</b> MEASURES OF SPREAD; PERCENTILES PART 1 AND PART 2	<b>GEOGRAPHY</b> FLUVIAL GEOMORPHOLOGY (PART 1)
06:00		<b>BIG SCHOOL</b> AFRIKAANS	<b>BIG SCHOOL</b> AFRIKAANS	<b>BIG SCHOOL</b> AFRIKAANS	<b>BIG SCHOOL</b> AFRIKAANS	<b>BIG SCHOOL</b> AFRIKAANS	<b>BIG SCHOOL</b> AFRIKAANS	<b>BIG SCHOOL</b> AFRIKAANS
06:30		<b>BIG SCHOOL</b> ENGLISH (CONTINUES AT 11:40)	<b>BIG SCHOOL</b> ENGLISH (CONTINUES AT 11:40)	<b>BIG SCHOOL</b> ENGLISH (CONTINUES AT 11:40)	<b>BIG SCHOOL</b> ENGLISH (CONTINUES AT 11:40)	<b>BIG SCHOOL</b> ENGLISH (CONTINUES AT 11:40)	<b>BIG SCHOOL</b> ENGLISH (CONTINUES AT 11:40)	<b>BIG SCHOOL</b> ENGLISH (CONTINUES AT 11:40)
07:00		<b>BIG SCHOOL</b> ISIXHOSA	<b>BIG SCHOOL</b> ISIXHOSA	<b>BIG SCHOOL</b> ISIXHOSA	<b>BIG SCHOOL</b> ISIXHOSA	<b>BIG SCHOOL</b> ISIXHOSA	<b>BIG SCHOOL</b> ISIXHOSA	<b>BIG SCHOOL</b> ISIXHOSA
07:30		<b>MATHEMATICS TEACHER TALK</b> TRIANGLES AND PYTHAGORAS	<b>MATHEMATICS TEACHER TALK</b> GEOMETRY OF PARALLEL LINES	<b>MATHEMATICS TEACHER TALK</b> GEOMETRIC CONSTRUCTIONS	<b>MATHEMATICS TEACHER TALK</b> QUADRILATERALS	<b>MATHEMATICS TEACHER TALK</b> HABITS OF MIND (GEOMETRY)	<b>ERROR ANALYSIS</b> CALCULATION STRATEGY: BREAKING DOWN PART 1	<b>ERROR ANALYSIS REPEAT</b> CALCULATION STRATEGY: BREAKING DOWN PART 1
08:00		<b>GRADE 1 GREAT LESSON IDEAS</b> DATA HANDLING EPISODE 2	<b>GRADE 2 GREAT LESSON IDEAS</b> FACTS AND BONDS	<b>GRADE 3 GREAT LESSON IDEAS</b> COUNTING FROM 1 TO 1000	<b>GRADE 4 GREAT LESSON IDEAS</b> LENGTH	<b>GRADE 5 GREAT LESSON IDEAS</b> 2D SHAPES AND POLYGONS	<b>GRADE 6 GREAT LESSON IDEAS</b> DATA HANDLING EPISODE 2	<b>GRADE 6 GREAT LESSON IDEAS REPEAT:</b> DATA HANDLING EPISODE 2
09:30		<b>INCREMENTAL INTRODUCTION OF AFRICAN LANGUAGES (IIAL):</b> ISIXHOSA LESSON 9 EPISODE 1	<b>INCREMENTAL INTRODUCTION OF AFRICAN LANGUAGES (IIAL):</b> ISIXHOSA LESSON 9 EPISODE 2	<b>INCREMENTAL INTRODUCTION OF AFRICAN LANGUAGES (IIAL):</b> ISIXHOSA LESSON 10 EPISODE 1	<b>INCREMENTAL INTRODUCTION OF AFRICAN LANGUAGES (IIAL):</b> ISIXHOSA LESSON 10 EPISODE 2	<b>INCREMENTAL INTRODUCTION OF AFRICAN LANGUAGES (IIAL):</b> ISIXHOSA LESSON 1 EPISODE 1	<b>INCREMENTAL INTRODUCTION OF AFRICAN LANGUAGES (IIAL):</b> ISIXHOSA LESSON 1 EPISODE 2	<b>INCREMENTAL INTRODUCTION OF AFRICAN LANGUAGES (IIAL):</b> ISIXHOSA LESSON 2 EPISODE 1

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12:00	 <b>MATHEMATICS</b> ALGEBRAIC EXPRESSIONS: RECOGNISE AND IDENTIFY VARIABLES, CONSTANTS AND LIKE AND UNLIKE TERMS	<b>MATHEMATICS</b> ALGEBRAIC EXPRESSIONS: COLLECTING LIKE TERMS: RECOGNISE AND IDENTIFY COEFFICIENTS AND EXPONENTS	<b>MATHEMATICS</b> ALGEBRAIC EXPRESSIONS: EXPAND AND SIMPLIFY EXPRESSIONS AND SUBSTITUTION	<b>MATHEMATICS</b> ALGEBRAIC EQUATIONS: SOLVING EQUATIONS	<b>MATHEMATICS</b> REVISING NUMBERS AND OPERATIONS	 <b>NATIONAL SCHOOLS QUIZ CHAMPIONSHIP</b> ESWATINI  <b>PSRIP:</b> INTRODUCTION TO THEMES, DISPLAY BOARDS AND CORE METHODOLOGIES	 <b>NATIONAL SCHOOLS QUIZ CHAMPIONSHIP</b> ZIMBABWE  <b>PSRIP:</b> CORE METHODOLOGIES, DAILY ACTIVITIES
13:00	 <b>MATHEMATICS</b> ALGEBRAIC EXPRESSIONS: PRODUCT OF BINOMIALS AND SQUARE OF A BINOMIAL	<b>MATHEMATICS</b> ALGEBRAIC EXPRESSIONS: FACTORISING	<b>MATHEMATICS</b> ALGEBRAIC EQUATIONS: SOLVE EQUATIONS BY INSPECTION AND ADDITIVE AND MULTIPLICATIVE INVERSES	<b>MATHEMATICS</b> REVISION: EQUATIONS AND EXPRESSIONS	<b>MATHEMATICS</b> INTEGERS: CALCULATIONS AND SOLVE PROBLEMS INVOLVING ALL FOUR OPERATIONS	 <b>INCLUSIVE EDUCATION:</b> 3D SHAPES AND PHONICS <b>CLASSROOM TECHNIQUES</b> WHAT TO DO DIRECTION	 <b>INCLUSIVE EDUCATION:</b> EQUIVALENT FRACTIONS AND IRREGULAR VERBS <b>CLASSROOM TECHNIQUES</b> COLD CALLING
14:00	 <b>MATHEMATICS</b> EXPONENTS	<b>PHYSICAL SCIENCES</b> ELECTROMAGNETIC RADIATION	<b>LIFE SCIENCES</b> STRUCTURE AND FUNCTION OF CELLS	<b>ACCOUNTING</b> BOOKKEEPING OF A SOLE TRADER: CREDIT TRANSACTIONS	<b>ENGLISH</b> EXAMS: PREPARATION AND TECHNIQUES	<b>ECONOMICS</b> THE PUBLIC SECTOR (PART 1) 	<b>MINDSET RETRO REPEAT</b> MATHEMATICS
15:00	 <b>MATHEMATICS</b> TRIGONOMETRIC IDENTITIES	<b>PHYSICAL SCIENCES</b> NEWTON'S LAWS	<b>LIFE SCIENCES</b> REPRODUCTION IN PLANTS	<b>ACCOUNTING</b> ASSET DISPOSAL AND TANGIBLE ASSET NOTE	<b>ENGLISH</b> READING AND VIEWING. INTENSIVE READING, CARTOON, COMIC STRIP	 <b>MATHEMATICAL LITERACY:</b> SPEED, DISTANCE AND TIME AND PERIMETERS AND AREAS	<b>MINDSET RETRO REPEAT</b> PHYSICAL SCIENCES
16:00	 <b>TENFOLD PREPARATION SHOW</b> MATHEMATICS	<b>TENFOLD PREPARATION SHOW</b> PHYSICAL SCIENCES	<b>TENFOLD PREPARATION SHOW</b> PHYSICAL SCIENCES	<b>TENFOLD PREPARATION SHOW</b> MATHEMATICS	<b>TENFOLD LIVE</b> ENGLISH: FIGURATIVE LANGUAGE, CHARACTER AND STRUCTURE; AND MACBETH ACT 4	<b>TENFOLD LIVE</b> MATHEMATICAL LITERACY: INTEREST RATES, INTERPRETATION OF DATA, TARIFFS	<b>MINDSET RETRO REPEAT</b> LIFE SCIENCES
17:00	 <b>TENFOLD LIVE</b> MATHEMATICS: INVERSES AND FUNCTIONS	<b>TENFOLD LIVE</b> PHYSICAL SCIENCES: ORGANIC CHEMISTRY	<b>TENFOLD LIVE</b> LIFE SCIENCES: HUMAN REPRODUCTION	<b>TENFOLD LIVE</b> ACCOUNTING: YEAR END ADJUSTMENTS AND DEPRECIATION	<b>TENFOLD LIVE</b> ENGLISH: PARTS OF SPEECH, "NEXT DOOR" AND "THE LAST BREATH"	<b>TENFOLD LIVE</b> BUSINESS STUDIES	<b>MINDSET RETRO REPEAT</b> ACCOUNTING
18:00	 <b>MINDSET RETRO</b> MATHEMATICS	<b>MINDSET RETRO</b> PHYSICAL SCIENCES	<b>MINDSET RETRO</b> LIFE SCIENCES	<b>MINDSET RETRO</b> ACCOUNTING	<b>MINDSET RETRO</b> ENGLISH	<b>TENFOLD LIVE</b> TOURISM: TIME ZONES	<b>MINDSET RETRO REPEAT</b> ENGLISH
19:00	 <b>CRICKET</b> IQAKAMBA SEASON 03 EPISODE 02 IQAKAMBA SEASON 03 EPISODE 03	<b>CRICKET</b> IQAKAMBA SEASON 03 EPISODE 04 IQAKAMBA SEASON 03 EPISODE 05	<b>CRICKET</b> IQAKAMBA SEASON 03 EPISODE 06 IQAKAMBA SEASON 03 EPISODE 07	<b>CRICKET</b> IQAKAMBA SEASON 03 EPISODE 08 IQAKAMBA SEASON 03 EPISODE 09	<b>CRICKET</b> IQAKAMBA SEASON 03 EPISODE 10 IQAKAMBA SEASON 03 EPISODE 11	<b>CRICKET</b> IQAKAMBA SEASON 03 EPISODE 12 IQAKAMBA SEASON 03 EPISODE 13	<b>CRICKET</b> IQAKAMBA SEASON 03 EPISODE 14 IQAKAMBA SEASON 03 EPISODE 15
20:00	 <b>MATHEMATICS REPEAT</b> EXPONENTS	<b>PHYSICAL SCIENCES REPEAT</b> ELECTROMAGNETIC RADIATION	<b>LIFE SCIENCES REPEAT</b> STRUCTURE AND FUNCTION OF CELLS	<b>ACCOUNTING REPEAT</b> BOOKKEEPING OF A SOLE TRADER: CREDIT TRANSACTIONS	<b>ENGLISH REPEAT</b> EXAMS: PREPARATION AND TECHNIQUES	 <b>MATHEMATICAL LITERACY</b> SPEED, DISTANCE AND TIME AND PERIMETERS AND AREAS	<b>TENFOLD LIVE</b> GEOGRAPHY: CLIMATE AND WEATHER 
21:00	 <b>MATHEMATICS REPEAT</b> TRIGONOMETRIC IDENTITIES	<b>PHYSICAL SCIENCES REPEAT</b> NEWTON'S LAWS	<b>LIFE SCIENCES REPEAT</b> REPRODUCTION IN PLANTS	<b>ACCOUNTING REPEAT</b> ASSET DISPOSAL AND TANGIBLE ASSET NOTE	<b>ENGLISH REPEAT</b> READING AND VIEWING. INTENSIVE READING, CARTOON, COMIC STRIP	 <b>TENFOLD LIVE REPEAT</b> MATHEMATICAL LITERACY: INTEREST RATES, INTERPRETATION OF DATA, TARIFFS	 <b>TENFOLD LIVE</b> GEOGRAPHY: CLIMATE AND SETTLEMENTS
22:00	 <b>TENFOLD LIVE REPEAT</b> MATHEMATICS: INVERSES AND FUNCTIONS	<b>TENFOLD LIVE REPEAT</b> PHYSICAL SCIENCES: ORGANIC CHEMISTRY	<b>TENFOLD LIVE REPEAT</b> LIFE SCIENCES: HUMAN REPRODUCTION	<b>TENFOLD LIVE REPEAT</b> ACCOUNTING: YEAR END ADJUSTMENTS AND DEPRECIATION	<b>TENFOLD LIVE</b> ENGLISH: PARTS OF SPEECH, "NEXT DOOR" AND "THE LAST BREATH"	 <b>TENFOLD LIVE REPEAT</b> BUSINESS STUDIES	 <b>TENFOLD LIVE</b> GEOGRAPHY: CLIMATE AND GEOMORPHOLOGY
23:00	 <b>CAMBRIDGE HOUR</b> PROBABILITY AND STATISTICS EPISODE 1	<b>CAMBRIDGE HOUR</b> PROBABILITY AND STATISTICS EPISODE 2	<b>CAMBRIDGE HOUR</b> PROBABILITY AND STATISTICS EPISODE 1	<b>CAMBRIDGE HOUR</b> PROBABILITY AND STATISTICS EPISODE 2	<b>CAMBRIDGE HOUR</b> PROBABILITY AND STATISTICS EPISODE 1	<b>CAMBRIDGE HOUR</b> PROBABILITY AND STATISTICS EPISODE 2	<b>CAMBRIDGE HOUR</b> PROBABILITY AND STATISTICS EPISODE 1



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